MENTAL ILLNESS MYTHS AND FACTS

MYTHS

- People with mental illness are usually dangerous.
- Only the weak suffer from mental illness.
- Mental illness is a character flaw.
- Recovery from a mental illness is not possible.

FACTS

- Mental illness is a biological condition.
- Mental illness affects people of all ages, races and socio-economic levels.
- One in four adults experiences a mental disorder in a given year.
- One in ten children have a serious mental or emotional disorder.
- More than half of people with severe mental disorders are also affected by substance abuse.
- Mental illness is treatable.
- Treatment reduces symptoms and improves quality of life.

TREATMENT WORKS!

Centerpoint HEALTH