

NEWS BRIEFS

NEW GRANTS

Centerpoint Health is part of the Consortium For Resilient Young Children, which was recently awarded \$493,000 from the Hamilton County Family and Children First Council to bring a new child abuse and neglect prevention approach to Westwood.

IN THE NEWS

Executive Director Dr. Alan Mabry's article, "Uniting to support integrated care: Three Cincinnati agencies merge to achieve this goal," appeared in the July 2008 issue of *Behavioral Healthcare Magazine*.

CALKINS HONORED

Congratulations to Sr. Mary Lynne Calkins OSF, Adult Case Management manager, for winning the Francis and Clare Award for Distinguished Achievement in Peace and Social Justice from Marian College.

EXCEL LEADER

Keith Young, director of Adult Support Services, has been selected for the third class of EXCEL (Executive Curriculum for Emerging Leaders).

Montgomery House turns 30

Facility helps clients become more self-sufficient

Centerpoint Health's Montgomery House, a Hamilton County mental health halfway house, now is celebrating its 30 year anniversary. The program prevents homelessness by serving an average of 45 men and women each year as they transition to independent living.

The program has 16 beds with stays averaging 120 days. Clients must be receiving case management services and have a diagnosis of severe mental disability.

Staff members work with clients to improve their daily living skills, such as cooking, cleaning, and money management. During their stay, they have chores and receive assistance with making

meals. Case management staff also works with clients to secure stable housing and to find a job, if applicable.

"Staying at Montgomery House gives clients the opportunity and time to get things in place so they can live independently in the community," said Keith Young, director of Adult Support Services.

Clients are encouraged to have activities planned for the day, such as social activities, exercise and fitness or job seeking.

Case managers from any agency can refer clients to the program by calling (513) 221-HELP. Fees are on a sliding scale based on income. Montgomery House receives funding from Hamilton County Mental Health Levy.

"Staying at Montgomery House gives clients the opportunity and time to get things in place so they can live independently in the community."

—Keith Young,
Adult Support
Services Director

Teaching teens to be effective parents

Centerpoint Health launched the Teen Parenting program for young mothers and fathers in summer 2008. The program provides both home-based and school-based services for pregnant and parenting adolescents.

Staff members provide home-based services to help the teens with childbirth and parenting education, emergency assistance, and one-on-one case management to help them become effective and nurturing parents and self-sufficient adults.

School-based services also are available to provide education and support designed to reduce the incidence of child abuse and neglect. The program is available to students in participating schools and provides curriculum-based classes, group sessions,



Staff member Nzingha Byrd (right) and Teen Parenting client, Jenara, appeared on *Sunday Morning Magazine*, a radio show hosted by Rodney Lear, in August.

Case manager dedicated to best client care

Joe Maier honored as case manager of the year by NAMI Hamilton County

Excerpts from Maier's nominations

"Joe is the best case manager (client name) has ever had." -client's family member

"I feel that what makes Joe exceptional is the level of compassion shown daily in his interactions with clients, co-workers [and] other professionals." -coworker

"(Joe) has an extraordinary amount of patience, even when presented with the most challenging of patients. He definitely cares about the patients and goes 'the extra mile' to try to help them." -coworker

"He provides support and advocacy for the clients on his caseload and continually goes out of his way to ensure that his clients are getting the best care possible." -coworker

"His clients feel proud to have him as a Case Manager, knowing that he is there for them whether it is providing support, advocacy or hope." -coworkers

Joe Maier was honored by National Alliance on Mental Illness (NAMI) Hamilton County as 2008's exemplary case manager of the year. The annual awards recognize local professionals who faithfully serve those with mental illness. He was honored at an award recognition dinner in November.

Maier was nominated by clients and staff members of Centerpoint Health. An employee since 2006, Maier works at the Western Hills office. He received a bachelor's from the University of Dayton and is currently working towards a Master's in Community Counseling at Xavier University. Before working at Centerpoint Health, Maier was an associate teacher at Walnut Hills Learning Center.

NAMI Hamilton County is a grass-roots education, support and advocacy organization founded in 1979. They offer educational programs, support groups and phone support and advocate for better services, legislative changes, and increased research on mental illnesses.



Joe Maier with his wife, Brianne.

Tax-free giving through your IRA extended to 2009

Through an extension of the Pension Protection Act, Americans can make tax-free gifts from their IRAs to the charities of their choice.

Below are the guidelines that apply to the end of 2009:

- You are age 70½ or older
- The gift is \$100,000 or less
- The gift is made on or before Dec. 31, 2009
- You transfer funds directly from your IRA or Rollover IRA (do not cash first and then give to the charity; it must come directly from the IRA)
- You transfer the gift to public charities, like Centerpoint Health, but not to supporting organizations or

donor-advised funds.

There are initiatives to make this provision permanent, which would ensure funds continue to enhance altruistic missions and give charities time to increase public awareness. Until further notice, follow the guidelines above.

When donating from an IRA, your gift can be accomplished simply and without tax complications. You can make your gift today while you are living and able to witness the benefits of your generosity.

Contact Pamela Kinane, director of development, at 513-751-7747 ext. 209 for further information.

Con't: Teen parenting

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individual counseling and parenting education.

Ensuring the continuation of these needed services, SUMA (Services United for Mothers and Adolescents) transferred this well established program to Centerpoint Health before being dissolved earlier this year.

Referrals to Centerpoint Health Teen Parenting can be made by calling 513-221-HELP (513-221-4357).

The program is funded in part by United Way of Greater Cincinnati and City of Cincinnati.

Clients anticipating annual holiday party



CBL Properties of Eastgate Mall donates generously to Centerpoint Health.

cookies, gloves, hats or scarves, gift certificates to restaurants and grocery stores or movie passes and other small, unisex gifts. Suggested food items include canned food items (meat, fish, vegetables, stew, chili and hearty soup), fruit juice, pasta, pasta sauce, rice, dried beans, cereal, oatmeal, pancake mix, and peanut butter and jelly.

Items can be dropped off at 2602 Victory Parkway in Walnut Hills, Mondays through Fridays from 8 am - 5 pm to the attention of Yvonne Tideman. For more information, call Yvonne at 513-221-4673.

Congratulations to these employees who have been a part of the agency for over 20 years!

- Marsha Nancy Baker, Lead administrative assistant
- Sam Beck, clinical service provider
- Chuck Handel, clinical service provider
- Steve Kurz, clinical service provider
- Judy Richardson, manager
- Maury Ripley, director of Reimbursement Systems
- Stephen Warkany, clinical service provider
- Joan Wyler, lead prevention education provider
- Keith Young, director of Adult Support Services

The annual client holiday party will be held in early December, and, as always, it is the biggest event of the year with an expected 300 in attendance.

Through the generosity of many, each client receives a gift bag at the party and has the opportunity to win at Bingo. Adult Case Management also is collecting non-perishable food items to distribute to clients during the holidays.

To fulfill our needs, we are collecting items for both men and women. Suggested items include toiletries, candy,

cookies, gloves, hats or scarves, gift certificates to restaurants and grocery stores or movie passes and other small, unisex gifts. Suggested food items include canned food items (meat, fish, vegetables, stew, chili and hearty soup), fruit juice, pasta, pasta sauce, rice, dried beans, cereal, oatmeal, pancake mix, and peanut butter and jelly.

Items can be dropped off at 2602 Victory Parkway in Walnut Hills, Mondays through Fridays from 8 am - 5 pm to the attention of Yvonne Tideman. For more information, call Yvonne at 513-221-4673.

HELP KEEP QUALITY MENTAL HEALTH CARE AFFORDABLE

Centerpoint Health's services improve the general mental health of individuals and families by providing a continuum of behavioral health care services to help them achieve their maximum potential.

We rely on the generosity of supporters like you to ensure we are able to continue providing this much-needed care. Consider giving today.

There are three ways to give:

- Online at centerpointhealth.org
- By phone: Caryn Miller at 513-751-7747 ext. 297
- By check: Mail to Centerpoint Health, Attn: Caryn Miller, 2600 Victory Parkway, Cincinnati, Ohio 45206



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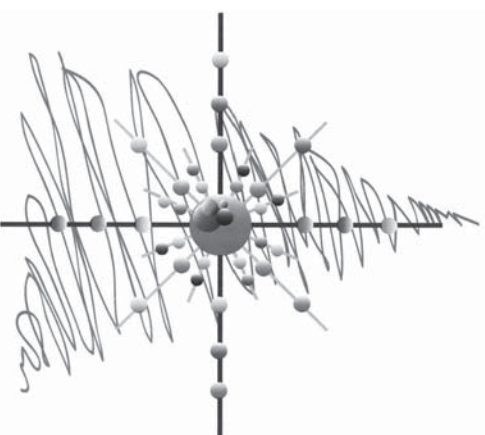
Holiday cards are now on sale

Cards designed by client helps agency

Tim K. won Centerpoint Health's annual holiday card design competition. Cards with his winning design (seen right) are now on sale for \$1.5 for package of twelve.

As winner, Tim received a \$50 prize and two packages of cards. The design also will be framed for permanent display at Centerpoint Health's five offices.

Proceeds benefit Centerpoint Health. For more information, contact Yvonne Tideman at (513) 221-4673 or visit www.centerpointhealth.org.



SUPPORT CENTERPOINT HEALTH ONLINE

- Centerpointhealth.org is now accepting online gifts
- See our volunteer opportunities on volunteermatch.org
- Become our fan on Facebook
- Use GoodSearch.com as your search engine and select Centerpoint Health as your charity
- Follow us on Twitter at twitter.com/centerpointohio

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